



# County Cork Catering

## DISHES AND THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Sandwiches</b>														
Ham salad		x		x		x	x							
Chicken salad		x		x		x	x							
Beef salad		x		x		x	x							
Tuna salad		x		x	x	x	x							
Egg salad		x		x		x	x							
Cheese salad		x				x	x							
Gluten free sandwiches				x	x		x							
Vegan sandwiches		x				x								
<b>Veg savoury's</b>														
Onion bhays		x												
Spring rolls	x	x											x	x
Samosa's		x											x	
Veg quiche		x		x		x	x							
Veg pasties		x		x		x	x							
<b>Meat savoury's</b>														
Sausage rolls		x		x		x	x							
Fish pasties		x		x	x	x	x	x						
Meat pasties		x		x		x	x							
Pork pies		x		x		x	x				x			
Canapes		x	x	x	x	x	x	x	x	x		x	x	x
<b>Gluten free</b>														
Quiche				x			x							
Sausages rolls				x			x							

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Cakes</b>														
Muffins		X		X		x	X							X
Lemon cake		x		x		x	x							x
Victory cake		x		x		x	x							x
Carrot cake		x		x		x	x							x
Chocolate cake		x		x		x	x							x
Fruit cake		x		x		x	x							x
Brownies		x		x		x	x							x
Flat jacks		x		x		x	x				x	x		x
Rocky roads		x		x		x	x				x	x		x
Corn flake chocolate		x		x		x	x				x	x		x
<b>Sauces</b>														
Chocolate						x	x							x
Chill														x
Mayonnaise				x		x	x		x					
Salad creams				x			x		x					
Raspberry														x
Gluten free cake				x			x							